



The Central County Fire Department
Presents



Community Emergency Response Team Training
(CERT)

FREE!

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Here is your opportunity to become a trained member of "CERT", Burlingame, Hillsborough and Millbrae's Community Preparedness Program. Participants in this 20-hour series of classes will learn how to be part of neighborhood response teams, cross-trained in basic emergency skills. Each class emphasizes skills that will be practiced during hands-on sessions at the Chetcuti Community Room and Millbrae Fire Station # 37.

<p>Wednesday, January 19, 2022 <i>Disaster Awareness, Fire Safety & Utility Control</i></p> <ul style="list-style-type: none"> • Disaster types, history, and probability • How to prepare before it happens • What to do when a disaster strikes • Natural gas, water, and electrical controls • Types of fire & use of extinguishers to put fire out 	<p>Wednesday, January 26, 2022 <i>Medical Part I</i></p> <ul style="list-style-type: none"> • Treat Life – Threatening Conditions • Triage – Public Health Considerations • Disaster Medical Operations • Establishing Treatment Areas
<p>Wednesday, February 2, 2022 <i>Medical Part II</i></p> <ul style="list-style-type: none"> • Head-to-toe assessments • Opening the airway • Stopping bleeding and controlling shock • Triage, burns, fractures and other injuries 	<p>Wednesday, February 9, 2022 <i>Light Search and Rescue</i></p> <ul style="list-style-type: none"> • Different types of construction and where to look for damage, building marking system • Interior search patterns • Lifting heavy objects and mechanical advantage • Victim carries
<p>Wednesday, February 16, 2022 <i>CERT Communications</i></p> <ul style="list-style-type: none"> • Communications 101 • Composing emergency messages • Hands on practice with MURS Radios 	<p>Wednesday, February 23, 2022 <i>Disaster Psychology, CERT Organization and Management</i></p> <ul style="list-style-type: none"> • Disaster Psychology • CERT Incident Command System; managing the disaster and documentation • Disaster plans and where CERT Fits in
<p>Wednesday, March 2, 2022 <i>Terrorism & Refresh</i></p> <ul style="list-style-type: none"> • What is Terrorism? • Terrorist targets • Preparing at home and work • Refresh for "Skills Day" 	<p>**Saturday, March 19, 2022** <i>Skills Development and Application</i></p> <ul style="list-style-type: none"> • Extinguish fires • Triaging and treating victims • Extricating victims trapped by heavy timbers • Interior search for reported missing persons • Course Review-Graduation Ceremony

Classes will be held in Millbrae at the Chetcuti Community Room, 450 Poplar Ave from 6:30 to 9:00 PM. The last class, ****Skills Development & Application****, will be held at Fire Station #37, 511 Magnolia Avenue in Millbrae on Saturday, March 19th, 8:00 AM to 3:30 PM.



SCAN ME

To register please visit: <https://bit.ly/38HkYNQ>

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